

# IV. DANGER: LIES, LIES, LIES

## 1. Lies women tell themselves

### A. Lie: There's a guy out there, and if I get into a relationship with him, I will make me feel better about myself.

Chick flicks, romance novels fuel this lie. There's no perfect guy for you out there. Men are sinners just like us. They have good days, and moments of romance (especially when they are on the hunt), but we will respond to their sin in anger, being hurt, and being disappointed if we expect a guy to make us feel better. We are all broken, fallen, depraved.

**Truth: The relationship that fulfills and satisfies is the one with Jesus.**

### B. Lie: Sex will make a guy love me.

The only reason a man wants sex outside of marriage is because he wants sex. It has nothing to do with love. If he loved you, he'd wait for marriage. Sex outside of marriage is never love, only lust. Sin and love can't possibly go hand in hand (1 John 4:12, 16). Don't listen to the lie that says, "If you love me, you'll do this."

**Truth: Sex is my best bargaining tool. I won't waste it on anything less than a ring, a dress, and a cake! No sex without a signed contract – marriage!**

**Truth: Sex outside of marriage does not add love to my life, it only adds guilt.**

**Truth: God is love, and crushed His Son so I could be made righteous. I believe the truth, confess my sin, and receive God's forgiveness.**

## 2. Lies men tell themselves

### A. Lie: I can't control my sex drive. It is a biological instinct which God has given me, so I have to satisfy it.

This lie goes on to say that the sex drive is natural, inevitable, and uncontrollable. Such thinking is determinism, and puts the sex drive outside of choice and self-control. Listening to this lie allows rationalization and justification of sin.

God gave you a sex drive, but for the purpose of learning self-control. Why do you think Daniel wanted only vegetables? Maybe he knew that once he let himself have a little, he'd become out of control. One of the fruit of the Spirit is self-control.

**Truth: Restrain my desire for sex, you'll know how to love sacrificially, and put your wife first.**

### **B. Lie: Sex is a conquest I need to achieve.**

This lie feeds that desire to be admired. A man believes that if he's not achieving sexually, there's something wrong with him.

**Truth: Sex is one of God's best gifts, but it comes with responsibility – marriage. The goal of achieving sex is the wrong goal. I need to change my goal to having a marriage that glorifies God. Find a woman who agrees with God about the responsibility to fulfill sexual desires in marriage (1 Corinthians 7:1-5).**

## **3. Lies Satan tells us about sex and sexuality.**

### **A. Lie: Love can be reduced to sex, and sex can be reduced to the physical act.**

This lie works because the number 1 concern of adult singles is loneliness, and so they look for intimacy. Somewhere along the way, we have made the quantum leap that a physical relationship implies intimacy.

**Truth: You can have love without sex and sex without love.**

### **B. Lie: Man is just a body that evolved.**

This lie teaches that man came from evolution, and reduces man to animal. People just act like animals in heat (the existentialist mindset of living in the moment).

**Truth: Men and women are created in the image of God, with spiritual and ontological (fundamental personhood) equality (Genesis 1:27).**

### **C. Lie: It's possible to be a Christian and enjoy sex before marriage.**

This lie fosters guilt and anxiety in both partners, and discredits the Word of God by ignoring texts like 1 Corinthians 6:9 and Galatians 5:19. This lie leads to hurried, joyless sex with the goal of release *"The joy of sex is the pleasure derived from giving our spouse his conjugal rights."* ~John Piper

Contraceptive protection is often not factored in, bringing a tension of its own.

Sexually transmitted diseases (Gonorrhea, Syphilis, Chlamydia Trachomatis, Genital warts, Genital Herpes, AIDS) are disregarded.

**Truth: Sex is one of God's best gifts, but it comes with responsibility – marriage.**

**Truth: Illicit behavior can become an unhealthy fetish, leading to problems with sexual enjoyment after marriage, and bringing insecurity into relationships.**

Truth: End all sexual interaction, and set clear limits on the physical relationship until marriage.

**D. Lie: Living together improves the chances for a marriage.**

Couples living together send a double message – they want intimacy, and they also want a way of escape if they decide they want to leave. Distrust and doubt is at the core of the relationship. Upon marriage, the back door of the relationship shuts, causing a feeling of claustrophobia. The distrust built into the relationship runs its full course, and their marriage is more likely to end in divorce than had they not cohabitated.

Truth: Walking in obedience to God's Word improves marriage and will result in a God glorifying marriage.

## 4. Lies about dating.

**A. Lie: Dating is a time to become passionately and emotionally involved.**

Truth: If you are in a dating relationship, here's what you need to work on.

- Friendship (plenty of talking).
- Compassion for others (caring enough to act).
- Truthfulness (honesty, building trust).
- Having other friends (a non-exclusive relationship).
- Growing spiritually (confession and forgiveness)

**B. Lie: We're engaged, now we can do the stuff we'd do if we were married.**

Truth: Now you can become emotionally committed. Prepare to leave your parents, and establish a new home with biblical roles.

**C. Lie: We're married, but there's too much focus on sex.**

Truth: The Bible says you better make sure your partner has plenty of sexual pleasure, and is sexually protected (Song of Solomon, 1 Corinthians 7:5). Sex is also for procreation, but only the beginning of it – making people comes with the responsibility of making disciples.